



Apple Date Caramel Nachos

4 servings
4 hours 10 minutes

Ingredients

- 1/2 cup Pitted Dates
- 4 Apple (From Ontario - sliced)
- 1 tsp Vanilla Extract
- 3/4 cup Unsweetened Almond Milk
- 2 units Oreos
- 2 tsps Sprinkles
- 2 tbsps Pistachios (chopped)
- 1 oz Dark Chocolate
- 1 oz White Chocolate Chips
- 2 tbsps Raisins

Directions

- 1 To make the date caramel sauce, blend together the dates, vanilla extract and almond milk in a high power blender. Place in a bowl and set aside.
- 2 Place the sliced apples on a baking sheet. Drizzle with date caramel sauce. Add desired toppings (I used chocolate chips, oreos, pistachios, raisins and sprinkles) and serve!

Nutrition

Amount per serving	
Calories	283
Fat	8g
Carbs	55g
Fiber	7g
Sugar	43g
Protein	3g
Cholesterol	0mg
Sodium	35mg
Vitamin A	216IU
Vitamin C	9mg
Calcium	115mg
Iron	2mg